

# Thief River Falls

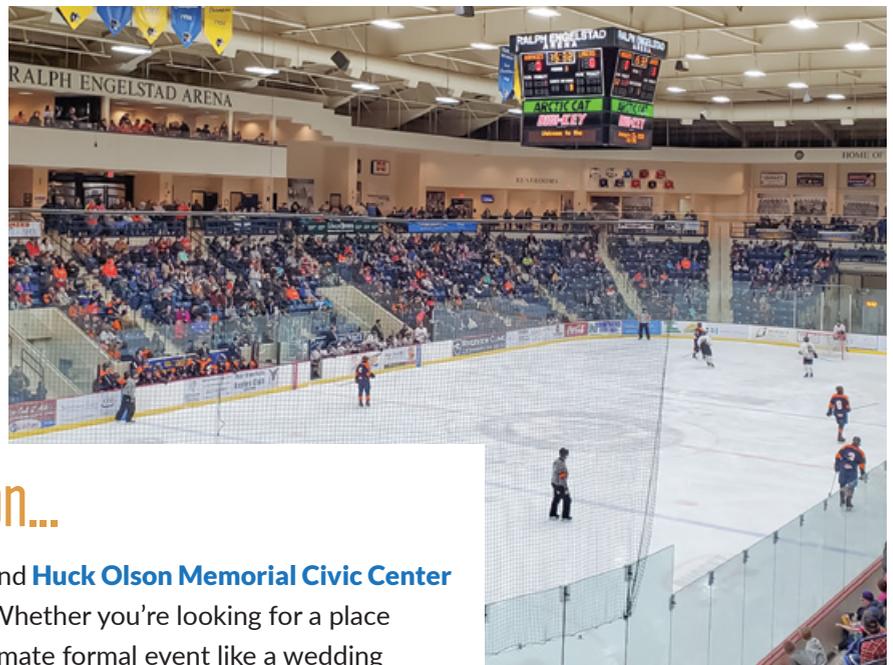
**SOCIALLY  
DISTANCED**  
*by Nature!*

*Check out*

Thief River Falls'  
**TOP 10 MOST  
INSTAGRAMMABLE  
PLACES TO VISIT!**



**HOME OF ARCTIC CAT!**



## GAME ON or Glam on...

Together **Ralph Engelstad Arena** and **Huck Olson Memorial Civic Center** provide the best in event venues. Whether you're looking for a place to host the big game or a more intimate formal event like a wedding reception, you've come to the right place. Accommodating everything from consumer shows to corporate meetings and more.

**525 Brooks Ave N. | 218-681-2183 | [citytrf.net](http://citytrf.net)**



## JET Setters...

**Thief River Falls Regional Airport** is a jet setter when it comes to offering travelers a care-free experience. Enjoy convenient 1-hour flights from Thief River Falls to Minneapolis with free parking, hassle-free security and reasonable rates. Reliable jet service is provided by Denver Air Connection in partnership with United Airlines.

**13770 Airport Dr. | 855-235-9322 | [denverairconnection.com](http://denverairconnection.com)**

# FALLS STAY 'N PLAY!

*Your  
All-In-One  
Family  
Destination!*



- Thief River Falls' Main Attraction!
- 18-hole mini golf course
- 75 full hook-up camping sites
  - With 50 amp service
  - Free WiFi
  - Cable TV available
- Arcade and playground equipment
- Go-Kart Track

**218-681-7066**  
**fallsstaynplaytrf.com**



## EASY ACCESS WITH ACRES OF PARKING!

TRUCK, RV AND CARWASH PROPANE



**218-681-3546**

Junction Hwy. 59 N. & Hwy. 1 W.,  
Thief River Falls, MN 56701



*Pamper your pet with our  
REWARD  
PET WASH!*



**75-SITE RV PARK NOW OPEN!**

*Full hook-ups with cable TV  
All sites with 50 amp service  
Year-round sites*

**Roadrunner Pizza & Deli!**

Pizza • Sandwiches • Hamburgers  
Chicken • Ice Cream

# Welcome to

## THIEF RIVER FALLS!

SOCIALLY  
DISTANCED  
by Nature!

Welcome to our corner of Northwestern Minnesota, where sparkling rivers and scenic prairies offer numerous opportunities for adventure. Our area prides itself on a friendly community, a thriving business climate, exceptional schools, and safe neighborhoods.

Take time to explore our fascinating attractions, check out our lively events and visit our delightful restaurants and shops. We know you'll want to come back again and again!

—Brian Holmer, Mayor of Thief River Falls



ICE FEST

# VISIT THIEF RIVER FALLS

102 Main Ave. N., Thief River Falls, MN 56701  
(218) 686-9785 | info@visittrf.com | [visittrf.com](http://visittrf.com)

Laura Stengrim, Executive Director



PEDER ENGELSTAD PIONEER VILLAGE



## IMPORTANT NUMBERS

**Visit Thief River Falls**  
218-686-9785

**Chamber of Commerce**  
218-681-3720

**Winter Road Information**  
511

**Statewide Travel Conditions**  
1-800-542-0220

**Emergency**  
911

**Thief River Falls  
Regional Airport**  
1-800-225-2525

**Explore Minnesota Tourism**  
1-888-VISITMN

**Sanford Clinic Thief River Falls**  
218-681-4747  
1-800-550-4109

**Sanford Medical Center  
Thief River Falls**  
218-681-4240

**Law Enforcement Center**  
218-681-6161

**Fire Department**  
218-681-3943

**U.S. Postal Service**  
218-681-3053

**Travel Information Center**  
218-681-3720

**Poison Control Center**  
1-800-222-1222

## THE REGIONAL HUB OF NORTHWEST MINNESOTA!

Located 300 miles northwest of the Twin Cities on trunk highways 59, 32 and 1, Thief River Falls is at the junction of the Red Lake and Thief Rivers.

### DISTANCE TO:

Grand Forks, ND ..... 55 miles  
Winnipeg, Manitoba, Canada... 159 miles  
Minneapolis/St. Paul, MN ..... 296 miles  
Sioux Falls, SD ..... 300 miles  
Chicago, IL ..... 650 miles  
Denver, CO ..... 900 miles



THIEF RIVER GOLF CLUB



8



10



14



20



30



32



38



44

**SOCIALLY DISTANCED**  
*by Nature!*

Welcome.....4	City Map .....26
Events .....8	Snowmobile Trail Map.....28
Attractions..... 10	Day Tripping .....30
Shopping ..... 14	Dining .....32
Accommodations.....20	Recreation.....38
Instagrammable Hot Spots .....23	Moving.....44
The Most Norwegian City in America .....24	Area Churches .....48
Bike Trail Map .....25	Historically Speaking .....50

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## **Big-Time Opportunities. Small Town Environment.**

Are you ready to be part of a growing and supportive team? We've always believed our employees are the greatest reason for our continued success and exceptional service. In addition to offering an industry-leading benefits package, a sense of community, and job security, we're committed to providing career development opportunities with the hands-on training and resources to take you anywhere you want to go. Digi-Key. Find yourself here.

**[DIGIKEYCAREERS.COM](https://www.digikeycareers.com)**





## A family af-FAIR...

When you're looking for an event for the whole family, it doesn't get much better than the **Pennington County Fair**. It's been running for 100+ years, and it keeps getting better. Everyone will enjoy the warm summer breeze while attending this outstanding event running July 14-18, 2021. Due to Covid-19 all event components will be detailed on our website.

**524 Barzen Ave. | 218-689-4208**  
**Call 218-686-3517 during fair week**  
**[penningtoncountyfair.org](http://penningtoncountyfair.org)**

# An Eventful PLACE TO BE

Thief River Falls is home to many annual and up-and-coming events. You'll find everything from world-class snowmobile races and county fairs to theater productions and outdoor concerts. Unfortunately, due to the COVID-19 pandemic, we've had to hit the pause button, but we're excited to begin hosting events again soon in accordance with guidelines from the CDC and the state of Minnesota. We strive to provide a safe and healthy environment for all attendees of our events, so for an up-to-date list of events, go to [visitttf.com](http://visitttf.com).





## Polished PERFECTION...

The sheen off the cars at the **Street Wizards Car Show** (July 31, 2021) is unbelievable... better bring your shades! Car lovers are welcome, but this event isn't just for them, it's for everyone! Spectators can check out the hot rods, classics and more, then cast their vote for the "People's Choice" trophy winner. Another fun family event!

**218-681-6397**



## MUSIC to your ears...

**RiverFest** is a community celebration located in beautiful Hartz Park. It features talented musicians, tasty food vendors, and cold brews! Past headliners include The Johnny Holm Band, Creedence Revived, and Martin Zellar's Tribute to Neil Diamond!

**218-681-3720 | [trfchamber.com](http://trfchamber.com)**



## A CHILLIN' good time...

**Ice Fest** is your chance to get out and play in the snow...literally! It's a winter festival comprised of over a dozen events celebrating winter recreation including hockey games, 5K/10K, Kubb tournament, vintage snowmobile ride, cross-country ski, and more. Come see what it's all about!

**218-681-3720 | [trfchamber.com](http://trfchamber.com)**

# The Main ATTRACTIONS

When it comes to things to do here...we can guarantee you won't be bored. Spend your day floating on a lazy river...well, it's actually a real river—the laziness is up to you! Grab those binoculars and spend the day outdoors bird watching, or see how the settlers lived when you visit our pioneer village. Need a break from the outdoors? Come sing along with a delightful musical production or concert. You definitely have options.



## Small City BIG Theater!

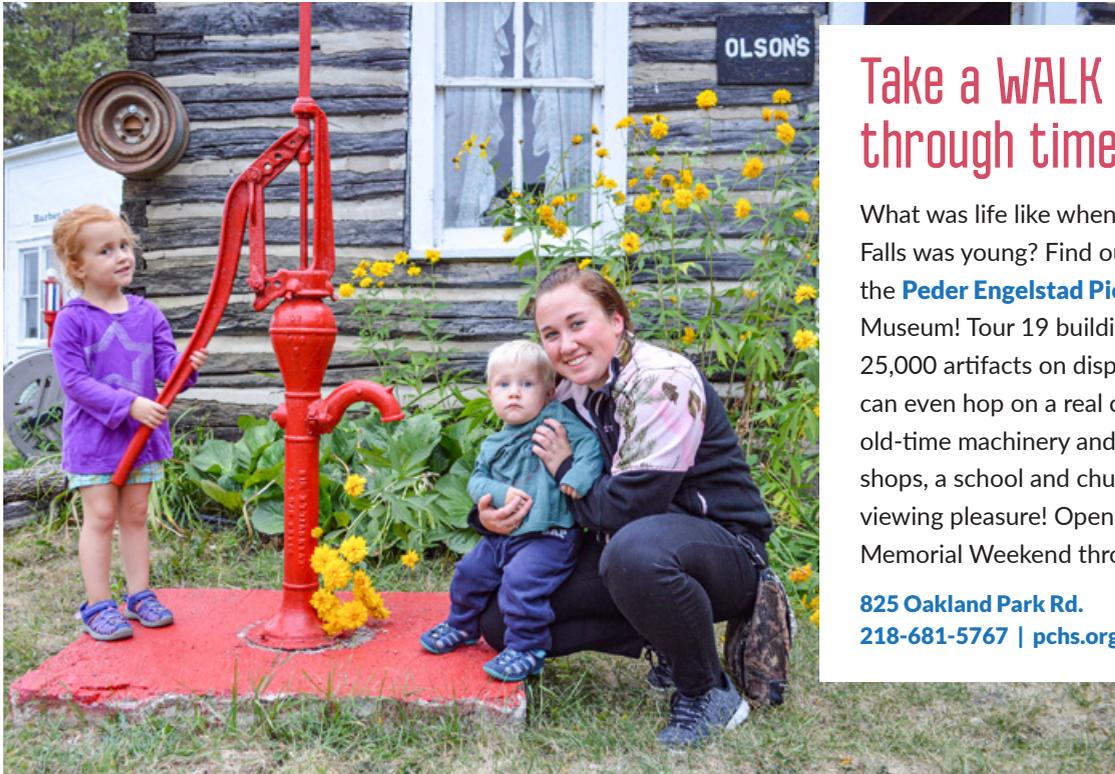
Don't miss some of the best theater around! The **Thief River Falls Area Community Theater** is dedicated to providing theater art opportunities by presenting summer theater productions each year. The productions range anywhere from one-person plays to musicals. Check out our website for a list of productions and dates.

1101 Hwy. 1 E. | [trfact.org](http://trfact.org)



**A TUBERIFFIC time!** **Voyageur's View Campground & Outfitters** is a vacationer's paradise! Enjoy an exciting float trip down the scenic Red Lake River, or test your skills on one of Northern Minnesota's finest class II kayak routes. After your river rendezvous, relax in one of the scenic campsites, then test your luck fishing in one of their secret fishing holes.

18611 105th Ave. S.W., Red Lake Falls | 218-253-4329 | [voyageursview.com](http://voyageursview.com)



## Take a WALK through time...

What was life like when Thief River Falls was young? Find out with a visit to the **Peder Engelstad Pioneer Village Museum**! Tour 19 buildings with over 25,000 artifacts on display. Train lovers can even hop on a real caboose. See old-time machinery and cars, depots, shops, a school and church—all for your viewing pleasure! Open 1-5 p.m. daily Memorial Weekend through Labor Day.

**825 Oakland Park Rd.**  
**218-681-5767 | [pchs.org](http://pchs.org)**

## Back to NATURE...

Load your family in the car and head to Agassiz National Wildlife Refuge to experience the many sights and sounds that nature has to offer. Explore the refuge's 61,500 acres of diverse plant and animal life, and find unique wildlife-related items in the bookshop. Bird watchers will flock to the refuge to see more than 280 species of birds.

**22996 290th St. N.E., Middle River | 218-449-4115 | [fws.gov/refuge/agassiz/](http://fws.gov/refuge/agassiz/)**



# even More ATTRACTIONS

Get comfy...the popcorn is popping at our movie theater and the pins are set and waiting at the bowling alley. Maybe you're looking for a good read? Check out the library and spend the day reading at your campsite, or gather the group and reserve a space in one of our event venues.

## FOLLOW THE TRACKS...

The **Historic Soo Line Railroad Depot** built in 1914 was renovated in 1995 and has retained most of its interior features. Today it is on the Register of Historic Places and houses city offices. The grounds include a war memorial and Steam Locomotive No. 1024, a Soo Class L-4, 2-8-2 MIKADO, is on permanent display.

405 3rd St. E. | 218-681-2500



## MOVIE mania...

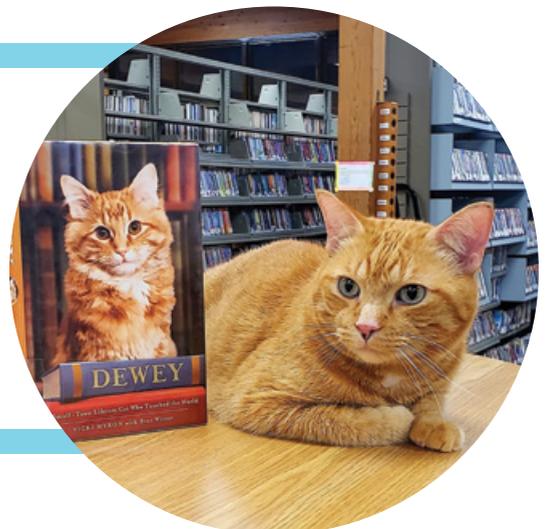
Order up some popcorn, indulge in a sweet treat and enjoy a movie at **Falls Cinema!** This state-of-the-art, newly remodeled theater offers you complete comfort with luxury recliners and stadium seating! Make it easy and download their app, then order your tickets and pick your seats online.

15469 Hwy. 59 N.E. | 218-681-9945 | [fallscinema.com](http://fallscinema.com)

## READ all about it!

Visitors and locals alike enjoy a stop at the **Thief River Falls Public Library**. It's a nice quiet place to relax with a good read. They also host local events like the annual quilt show! Event and meeting space is available for up to 40 people.

522 Main Ave. N. | 218-681-4325 | [nwrlib.org/libraries/thief-river-falls](http://nwrlib.org/libraries/thief-river-falls)



# Minnesota's Best Bet!

P L A Y ♦ S T A Y ♦ D I N E



RED LAKE



THIEF RIVER FALLS



WARROAD

## Have you tripled down yet?

There's no better way to triple your odds, for triple the fun. Visit us in *Thief River Falls*, *Warroad* or *Red Lake* for Minnesota's best **casino action**, resort **entertainment**, great **dining**, and even a 19,000-sq. ft. **indoor water park** at our Thief River Falls location open year-round. Fun and excitement to be had? **OH, YOU BET!**



THIEF RIVER FALLS • WARROAD • RED LAKE

# SEVENCLANS<sup>®</sup>

CASINOS



THREE NORTHERN MINNESOTA LOCATIONS • [WWW.SEVENCLANSCASINO.COM](http://WWW.SEVENCLANSCASINO.COM)

# Fantastic SHOPPING

Ready, set, shop! Oh don't worry, there's no time limit, this is not a race or a Black Friday special. This is slow and easy, check it all out kind of shopping. Whether your fun day consists of seeking out the perfect outfit or going all out and re-decorating your entire house, we've got a store for you!



## FLOWERS, FASHION & Fun Finds!

**The Shed** gives shoppers a little bit of everything! From outstanding floral arrangements to men's, women's and children's clothing, home goods, decor, design, and so much more. It's no wonder it's a Thief River Falls favorite!

[115 3rd St. E.](#) | [218-683-5328](#) | [theshedonthird.com](#)

## HOME is where the heart is...

At **Black Barn** they've come to understand that home is more than a place, it's a state of mind. You'll experience a unique rural shop nestled on the bank of the Red Lake River just outside Thief River Falls. They feature handpicked home decor, lifestyle goods, and vintage finds!

[16696 Sorteberg Dr.](#) | [218-689-7297](#) | [blackbarnmn.com](#)





## LOOK GOOD & feel good!

**TOTAL BETTY** is more than just a name, it's a state of mind. This unique shop strives to make women not only look good, but feel good, instilling that all women are totally beautiful both inside and out. They offer fantastic clothing styles (small-3XL), mix & match accessories, home goods, and fun gift items.

1554 Hwy. 59, Ste. #300 | 218-683-5134  
[totalbettyco.com](http://totalbettyco.com)

## The FURNITURE experts...

Shopping for furniture or home decor is no small task and sometimes you need a little advice. **Hazel Blue Furniture/Five Star Flooring & Tile** is ready to help no matter how big or small your needs are. Whether you're refreshing a whole room or just browsing for few new pieces, you've come to the right place.

201 LaBree Ave. N. | 218-681-3914 | [hazelbluefurniture.com](http://hazelbluefurniture.com)



## TREASURES & trinkets...

Treasure comes in all shapes and sizes and at **Community Consignments** the possibilities are endless with new inventory every day. Providing quality products and outstanding customer service, they feature a wide variety of clothing, home decor, and accessories. Whether you're looking to sell a treasure or purchase one, the friendly staff is ready to assist you.

203 Main Ave. N. | 218-681-7088 | [communityconsignments.com](http://communityconsignments.com)



## ARTISANS collaborate...

**Simply Andie's** is an artisan haven where over 50 creators display their work and lucky for you, they sell it too! You'll find new, refurbished and up-cycled one-of-a-kind items, essential oils, crystals, jewelry, apparel, soaps, and more.

103 3rd St. E. | 952-693-6039 [earthlygoodsbyandie.com](http://earthlygoodsbyandie.com)



# dynamic DOWNTOWN

Are you a treasure seeker in search of something special? Or a window shopper who likes to take it all in before entering the store? There's lots to see downtown, and you can even add some steps to your daily goal if you are the tracker type. Did you wear out those shoes already? Pamper your feet with a new pair or two. Add some sparkle to your jewelry collection, or treat your sweet tooth. Go ahead and toss that shopping list, only fun shopping is allowed on this trip!

## ARTISTS on display...

At **Tonnabells** the arts and crafts are not just on display, they are also for sale! This bright and cheerful shop is bursting at the seams with the work of local/regional artists and crafters. The shop has a variety of wall art, glass, candles, wood, pottery, jewelry, locally-roasted coffee, and textiles.

114 3rd St. E. | 218-686-3365 | [Visit Facebook](#)



## Vintage & Antique Lover's PARADISE!

**Old Bostwicks** is a shopping destination filled with up-scale vintage finds. Choose from new, like-new, and antique items. Also featuring clothing, furniture, and home decor. The ever-changing store is updated daily to offer a fantastic selection.

224 LaBree Ave. N. | 218-681-3094  
[Oldbostwicks.com](#)



## Reloved RICHES...

### **K&J Treasures**

is your stop for one-of-a-kind treasures! Shop for antiques, vintage, home decor, clothing, handmade items, and furniture.

**321 Main Ave. N. | 218-681-6648 | [knjtreasures.com](http://knjtreasures.com)**



## SPARKLE & Shine!

There's no such thing as too much bling at

### **Diamonds & Designs.**

The main floor offers a high quality selection of jewelry for every price range along with one-of-a-kind gift items, some with a Norwegian flare. For a fun fashion clothing experience, visit The Diamond Boutique in our lower level. Shop for clothing, purses, and other accessories.

**207 Labree Ave. N. | 218-681-1490 | [Visit Facebook](#)**



## If the SHOE fits...

**Purdys Shoe Store** is a must stop! Find the largest selection of women's, men's, and kid's shoes, boots and athletic footwear. With great selection, great service and no sales tax, Purdys is definitely a step in the right direction!

**209 LaBree Ave. N. | 218-681-2608 | [purdysshoes.com](http://purdysshoes.com)**



## Sugar RUSH!

**Ingram's Candy Store** is a small town shop with a HUGE selection. Over 100 gourmet chocolates, 50 flavors of Jelly Belly jelly beans and 50 flavors of Taffy Town taffy. Featuring the "World's Best" self-serve gummie bar, big selection of licorice, PEZ dispensers, and HUNDREDS of other candies. Family owned and operated, Ingram's is the SWEETEST store in town!

**113 East Third St. | 218-683-5247 | [Visit Facebook](#)**





## CHEERS to you!

Toast your visit to Thief River Falls with your favorite drink selection. **Falls Liquor** is the most complete full-service liquor store in Northwestern Minnesota with a HUGE selection of craft/branded beers and wine. Need advice on what to choose? The friendly and knowledgeable staff is ready to help.

**316 3rd St. E. | 218-681-1992**

## There's more in STORE...

**Budget** is a family-owned business that strives to provide excellent customer service for all your appliance needs. They are the go-to store for 4K Smart TVs, appliances, Pelican coolers, and Big Green Egg grills. It's your hometown appliance store and so much more!

**101 3rd St. E. | 218-681-2309 | [budgettrf.com](http://budgettrf.com)**



## QUALITY at a discount!

**L&M Fleet Supply** has proudly served Northland customers since 1959. With a large selection of sporting goods, power equipment, clothing, gifts, footwear, pet supplies, agriculture, tools, automotive, paint, hardware, and small engine service, they are prepared to fill your every need!

**1547 Hwy. 59 S. | 218-633-7170 | [lmsupply.com](http://lmsupply.com)**



# The Bare NECESSITIES

Are you visiting and forgot your toothbrush? Or settling into your hotel for the night and want to unwind with a bottle of wine? Maybe you're tailgating and in need of some grill accessories? Or better yet, you're here on a kayaking trip and need some extra supplies. It doesn't matter if you're a camper in need of some groceries or your ATV is out of gas—whatever the reason, we have a store for that.



## Best grab-n-go LUNCH!

**Erl's Gas & Groceries** has the best homemade pizza and broasted chicken in town with a great fast food area too! All your hunting, fishing, and snowmobiling needs, including Minnesota hunting and fishing licenses, fresh-cut red meat, and produce. Pay at pump is available, and be sure to take advantage of Marathon® Rewards!

**103 E. 8th St. | 218-681-4627**



## FRESH and friendly!

At **Hugo's Family Marketplace**, we know you want only the best for your family. So do we! That's why we offer the finest meats, the freshest produce, and aisles filled with products you know and love—all at reasonable prices. Our in-store award winning dine-in or take-out deli, sushi bar, Caribou Coffee shop, pharmacy, and bank are all part of your one-stop shopping experience.

**215 Pennington Ave. | 218-681-8555**





## Feels like HOME...

C'mon in and stay at a place that feels like home. Offering a unique Northwoods atmosphere and decor to match, the **C'mon Inn** gives you a cabin feel with all the hotel amenities. The giant aquarium is a big hit when traveling with kids, and business travelers put our meeting room and spacious courtyard to good use.

**1586 Hwy. 59 S. | 218-681-3000**



## Stay with us A WHILE!

Kick back, relax...rest easy. We know there's lots to see and do here, and you'll definitely need your beauty sleep or at least a cat nap so you'll be ready and raring for another day. There are plenty of accommodations for the choosing, whether you like to be pampered in a hotel or tenting is more up your alley. You're sure to find the place that fits your needs.

**Cedar Lodge | 1010 Main Ave. N. | 218-681-6800**  
**Custom Stay Residence & Suites | 1510 Hwy. 59 | 218-681-2720**

## BUDGET Friendly...

**Americas Best Value Inn & Suites** is the "best" choice for travelers seeking a budget friendly environment. All rooms include a refrigerator, access to pool and free breakfast, plus many helpful amenities available from the 24-hour front desk.

**1915 Hwy. 59 S.E. | 218-681-6205**  
**AmericasBestValueInn.com**





## EXTEND your visit!

**GrandStay Hotel & Suites** offers a host of accommodations and amenities ideal for leisure AND business. Guests can choose from a standard deluxe suite or upgrade to a whirlpool king or one-bedroom suite with kitchenette! It is the perfect place for families and extended stays.

**1031 Wendt Dr. | 218-681-9988**  
[grandstayahospitality.com](http://grandstayahospitality.com)



## Location, location, LOCATION!

The **Quality Inn** is close to everything and offers big city style with a small town atmosphere. Enjoy clean, comfortable, newly-remodeled rooms that include a flat-screen cable TV, coffee maker, refrigerator, and microwave. Traveling for work? You'll find free WiFi, a business center, and meeting space for as many as 200 to gather.

**1060 Hwy. 32 S. | 218-681-7555**

## RESERVE it...

Rated the area's finest hotel on Trip Advisor, **AmericInn Lodge & Suites** is the area's most popular lodging facility. Being only minutes away from all major businesses makes them the ideal lodging decision for business travelers, PLUS the large indoor recreation area easily facilitates family functions and sporting teams.

**1920 Hwy. 59 S.E.**  
**218-681-4411**  
[wynndhamhotels.com/americinn](http://wynndhamhotels.com/americinn)



# Camp With Us TOO!

## Hayes Lake State Park

48990 Co. Rd. 4, Roseau  
218-425-7504  
dnr.state.mn.us

## Old Mill State Park

33489 20th Ave. N., Argyle  
218-437-8174  
dnr.state.mn.us

## Riverside Park

304 Bottineau Ave. N.W.  
Red Lake Falls  
218-253-2684  
redlakefalls.com



## St. Hilaire City Park & Island

St. Hilaire | 218-964-5257

## Sportsman's Park

502 7th St. N.W., Red Lake Falls  
218-253-2684  
redlakefalls.com

## Voyageur's View Campground & Outfitters

18611 105th Ave. S.W., Red Lake Falls  
218-253-4329 | voyageursview.com  
redlakefalls.com



## NATURE at its best!

Whether you like to tent it or park it, **Thief River Falls Tourist Park** has a spot for you. Enjoy

a scenic view of the lower Red Lake River and Hartz Park, and the campground offers great amenities including: 16 full hook-ups, 56 electrical sites with cable, free wi-fi, and unlimited camping areas. Handicap accessible bathhouse with free showers and a dump station conveniently located nearby.

**Hwy. 32 and Oakland Park Rd. | 218-681-2519 | citytrf.net**





Tonnabell's Mural



Chief Red Robe

# Instagrammable HOT SPOTS!

Photo-ops are readily available here! With your selfie stick in hand, you're sure to find the perfect shot. Snap away with your phone or camera and show us what you're up to. We've shared some of our favorite things to see and do...we hope you'll share some of yours too.



Agassiz National Wildlife Refuge



Northland Trails



Scenic River Walk



Public Art at Red Robe Park

  
[instagram.com/  
visitthieriverfalls/](https://www.instagram.com/visitthieriverfalls/)



Red Lake River



Norwegian Trolls



Greenwood Trails



**1 GUBBEN HANSA**  
at Thief River Care Center

**2 LENA**  
at Sjoberg's

**3 HAAKON**  
at the Carnegie

**4 TURE**  
at Diamonds & Designs

**5 TORI**  
at Diamonds & Designs

**6 GUSTAV**  
at The Shed

**7 OLE BURSTAD**  
at the Municipal Liquor Store

**8 THIEFER**  
at City Hall

**9 SNORRE**  
at The Hive

**10 LUTE A. FISKEN**  
at Hugo's

**11 ODVARR**  
at Northern State Bank

**12 RAGNAR**  
at Bergan Travel

**13 EDVARD**  
at Lee Plumbing

**14 BJORN PEDERSON**  
at Ronnings

**15 KNUTE LINDBERG**  
at Airport

**16 FLY HELGA**  
at Airport

**17 NORSKIE**  
at Ralph Engelstad Arena

**18 ADVOKAT FIRMA**  
at Charleston & Jorgenson, PA



## THE MOST NORWEGIAN CITY IN AMERICA!

In 2012, the mayor of Thief River Falls issued a proclamation declaring a week in May to be Norwegian Heritage Week in recognition of the city's distinction as the "most Norwegian city in America with a population over 5,000." According to the U.S. Census Bureau, almost 50% of city residents are of Norwegian ancestry.

The Sons of Norway Snorre Lodge #70 served as the impetus behind the proclamation and each year plans a week of festivities and activities designed to increase understanding of our Norwegian heritage, arts, culture, and traditions.

In honor of our Norwegian heritage, we have placed uniquely **HAND CARVED TROLLS** throughout our city. Have fun trying to locate them all. What a great photo op!



**17 NORSKIE**  
at Ralph Engelstad Arena

**18 ADVOKAT FIRMA**  
at Charleston & Jorgenson, PA

**16 FLY HELGA**  
at Airport

**15 KNUTE LINDBERG**  
at Airport

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at Diamonds & Designs

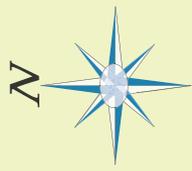
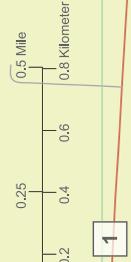
**3 HAAKON**  
at the Carnegie

**2 LENA**  
at Sjoberg's

**1 GUBBEN HANSA**  
at Thief River Care Center

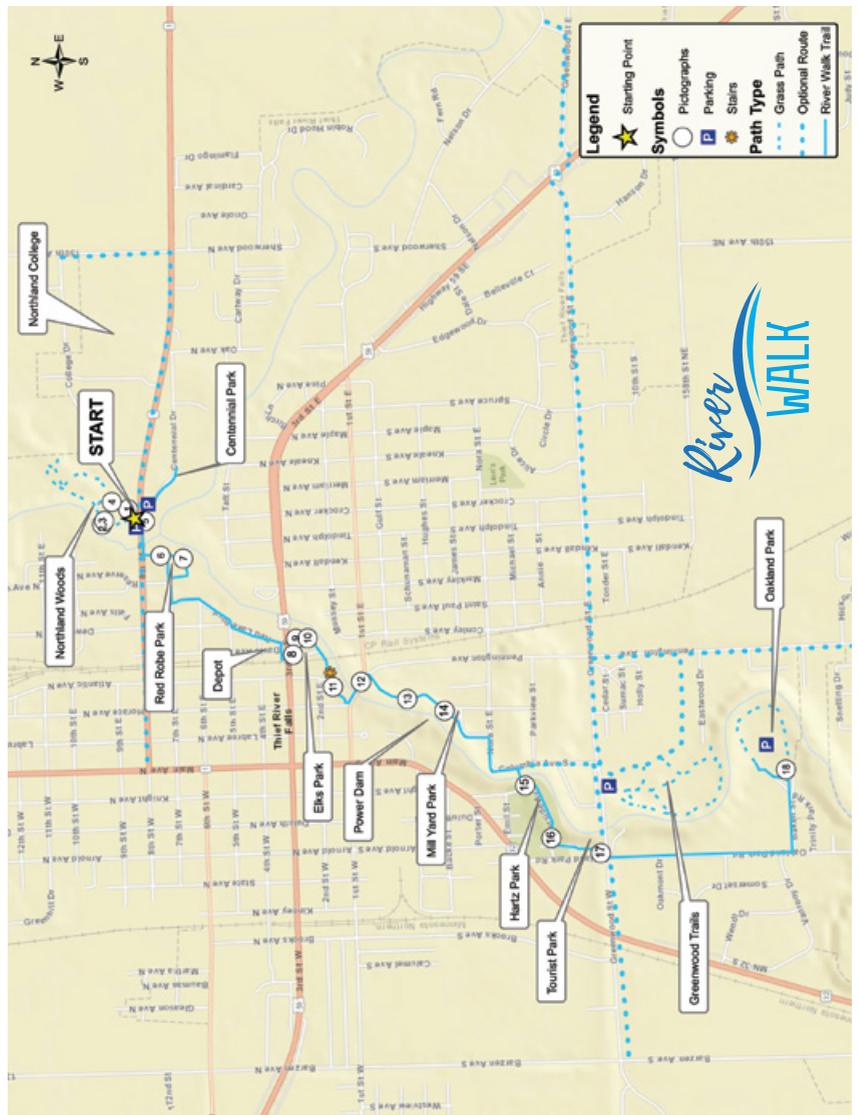


- Suggested bike loop/wider streets
- Streets with designated bike lanes
- Multi-use off street trails
- Parking
- Restrooms
- Bike Parking/Racks



# Bicycle TRAILS





### Attractions

- 1 Visit Thief River Falls/Travel Information Center/Chamber of Commerce
- 2 City Hall | 3 Pennington County Courthouse
- 4 Pennington County Justice Center
- 5 Ralph Engelstad Arena, Huck Olson Memorial Civic Center & Fairgrounds
- 6 Multi-Events Center | 7 Thief River Falls Regional Airport
- 8 Thief River Falls Public Library | 9 Sanford Medical Center
- 10 Peder Engelstad Pioneer Village

### Accommodations

- A Americas Best Value Inn | B AmericInn Lodge & Suites
- C Cedar Lodge | D C'mon Inn
- E Custom Stay Residence & Suites | F GrandStay Hotel & Suites
- G Quality Inn





# PROUD TO CALL THIEF RIVER FALLS OUR HOMETOWN FOR 60 YEARS.

[ArcticCat.com](https://www.ArcticCat.com)



Vehicles as photographed may include options not included on base model. Optional colors may be applied at an additional cost. WARNING: Arctic Cat vehicles can be hazardous to operate. For your safety, never ride on paved surfaces or public roads, and avoid excessive speeds. Never carry more passengers than the vehicle is designed for. All riders should always wear a seat belt (side-by-sides), helmet, eye protection, and protective clothing. Never engage in stunt driving, and avoid sharp turns. Riding and alcohol/drugs don't mix. Arctic Cat recommends that all operators take a safety training course. For safety and training information, please see your dealer or call 1-800-887-2887 (ATVs) or visit [www.ROHVA.org](http://www.ROHVA.org) (Side by Sides). Arctic Cat vehicles are for operators age 16 years and older with a valid driver's license. ©2021 Textron Specialized Vehicles Inc.

# Go Day TRIPPING

There's no better way to get a feel for the area than by taking a day trip. Go ahead and detour your plans a little and just wing it for the day...you never know what you'll find! Our neighboring towns offer their own unique events and sites to see. So whether you're looking to take in a local county fair, get a view of farm country, or check out a museum, it's all up to you. And if hunting is up your alley, there are ample opportunities for that too. Have fun exploring!



## LIVING BIG in a small town!

**Middle River's** prime location between Agassiz National Wildlife Refuge and Thief Lake Wildlife Management Area makes us the "Goose Hunting Capitol of Minnesota" along with other hunting opportunities. You can stroll the peaceful streets, visit the unique shops and establishments, or take in one of their churches. Don't forget to visit Young's General Store before you leave. It's a must-see 100 year old, third generation store that stocks EVERYTHING!

**20 minutes north of Thief River Falls | 218-222-3608**  
[middlerivermn.govoffice3.com](http://middlerivermn.govoffice3.com)



## A hidden GEM!

Looking for new things to do? **Warren** has enough activity to keep the whole family entertained. Learn about local history at the Marshall County Museum or spend the day at the Marshall County Fair July 21-25, 2021. Outdoor adventures are year-round here, so get out and swim in our outdoor pool, pitch a tent at our campground, or hit the trails on your snowmobile.

**28 miles west of Thief River Falls**

**218-745-5343 | [warrenminnesota.com](http://warrenminnesota.com)**

## A CITY for all seasons!

Discover **Red Lake Falls!** An oasis in Northwest Minnesota situated between the Clearwater and Red Lake rivers, the natural geography of the area has spurred many outdoor attractions. Take in the beautiful scenery at one of the many city parks, enjoy a round of golf at the Oak Knolls Golf Course, or visit Voyageurs View and take a relaxing float down the winding river.

**19 miles south of Thief River Falls**

**218-253-2684**

**[redlakefalls.com](http://redlakefalls.com)**





## CAFFEINE & cuisine!

**Wired Bean Coffee House & Eatery** serves up a variety of coffee drinks and smoothies, as well as fresh soup, sandwiches, and baked goods daily. Enjoy a comfortable coffee shop environment while you re-charge and sample some terrific fare.

**1554 Hwy. 59 S Ste. 100 | 218-683-5112**  
[wiredbeanmn.com](http://wiredbeanmn.com)



## Local Food

### FAVES

Are your tastebuds tingling? In the mood for some tasty food? If you're looking to re-caf or if decaf is more your style, you're in luck. As dear old Dad always said... "If the locals like it, it has to be good." So we've gathered some of our favorites and some of our friends' favorites to give you plenty of choices. After all, bears aren't the only things that grow up here...our tummies do too!



## DIVERSE menu!

**Jeff's Kitchen** is known for its home-inspired cooking. They offer great menu items including steaks, shrimp, walleye, chicken, pizza, burgers, and nachos...but their specialty is Lavash. A great place for groups.

**324 Brooks Ave. | 218-681-7034**



## A TASTE of history...

The **Black Cat Sports Bar & Grill** is the first restaurant of its kind with a special theme featuring Arctic Cat snowmobile memorabilia. The Cat has a legendary history and following for over 50 years...the items on display are amazing! Choose from a large selection of menu items, or try one of their tasty hand-pattied burgers and enjoy.

**1080 Hwy 32 S. | 218-681-8910**

**Find us on Facebook**

## The place to BEE...

Come see what the buzz is all about at the **Hive Bar & Grill**. Enjoy one of their signature 1/3 lb. burgers or their ribeye dinner made from 100% locally grown beef. Looking for something lighter, try a Chicken Bacon Ranch Wrap or one of their daily homemade soups. Relax and enjoy a cold beer and watch the game. The Hive is great for families or after work drinks.

**1582 Hwy. 59 S. | 218-683-5389**

**[thehivetrif.getbento.com](http://thehivetrif.getbento.com)**





## HOBO style...

**Hobo Haus Bar & Grill** is worth the 20 minute drive...it's a friends and family kind of place where you can dine on steaks, BBQ baby back ribs, fresh burgers, hobo dinners, and more.

**106 S. Main St.  
Newfolden  
218-874-8111**



## frozen TREATS...

Craving a Dilly Bar or maybe a Blizzard? **Dairy Queen Brazier** serves up its signature ice cream treats daily, plus they offer a full menu of your favorite fast-food items.

**Hwy. 32 W.  
218-681-3007**

# Local Food FAVES continued...

Keep 'em coming...we can never have too many options for great tasting food! And thanks to the many terrific choices, the decision of where to go just got a little harder. You'll have to choose wisely, or maybe you just have to try them all! Wherever you decide to dine you're sure to have a pleasant and flavorful experience in Thief River Falls.



## A sizzling FIESTA...

Located just a hop, skip and a jump from Downtown, **Las Ranitas** is the place to go for authentic Mexican food. Enjoy all your favorites like sizzling steak fajitas, tasty taco salads, and crunchy nachos in a fun and vibrant atmosphere. Oh, and don't forget to come hungry-they serve large portions.

**1845 Hwy. 59 S., Ste 900 | 218-681-0644  
lasranitasmexicanrestaurant.com**



## FRESH flavor...

At **Schooner Bar & Grill**, you'll get fresh, never frozen beef, top-notch liquor and beer, 1919 root beer, and exceptional onion rings. But don't take our word for it...come and taste for yourself.

**212 2nd St. E.  
218-681-4500**



## WINGING it...

**The Rusty Nail** is a great place to gather with your friends and enjoy some good music along with a few beverages! Check out their full menu including burgers, wings, and homemade pizza!

**307 N. Main  
218-681-6245**



## TRIP worthy...

**Broadway Station** is worth the 6-mile drive! Offering a friendly bar and grill atmosphere with fantastic food and great specials. See you at the station, and be sure to stop at the bottle shop too!

**215 N. Broadway  
St. Hilaire  
218-964-5220**



## GET IT to go...

Get oven-hot pizza fast from your local **Pizza Hut**, and indulge your cravings with original pan pizza, breadsticks, WingStreet wings, Hershey's chocolate chip cookies, and more!

**1809 Hwy. 59 S.  
218-681-1306**



**A FINE experience...** **The River Walk Public House** is a fine dining restaurant with a causal pub side that features daily specials and happy hours. Whether you're in the mood for prime rib or fall off the bone BBQ ribs, this is the place to be! Enjoy our extensive wine list, specialty cocktails, and exquisite desserts.

**700 Hwy. 32 S. | 218-681-3138 | [riverwalkpublichouse.com](http://riverwalkpublichouse.com)**



## Become a REGULAR...

One visit and you'll become a regular at **The Rusty Nail**. Known for the best wings in town, it's a great place to grab lunch or dinner. Gather for a round of drinks with friends and try your luck at pulltabs. The night is young so have some fun!

**307 N. Main | 218-681-6245**

## even more... *Local Food* FAVES!



### Authentic tastes...

There's nothing quite like sipping on a margarita to get you in the mood for some flavorful food! Share some nachos with friends or just go straight for the entree and top it all off with some fried ice cream or an order of churros. At **El Loro Mexican Restaurant** they only serve true Mexican food.

**1907 Hwy. 59 | 218-681-7427**



### Re-fuel and RE-CHARGE!

**Northdale Oil-Main & Square** is your pit stop for tasty Hot Stuff Pizza, breakfast items, sandwiches, and more. Stop for a fuel up, grab a bite, and browse their fully stocked convenience store before you hit the road.

**Main: 220 Main Ave. S. | 218-681-8888**

**Square: 100 Pennington Ave. S. | 218-681-4552**



## A HOP, SKIP and a JUMP from Thief River Falls...

**Broadway Station** is well worth the short 6-mile jaunt! Offering a friendly bar and grill atmosphere with fantastic food and great daily specials. It's a great place to meet up, and the bottle shop has a large selection of off-sale liquor too.

215 N. Broadway, St. Hilaire | 218-964-5220

## SMOKIN' Hot Flavors...

They live it...they breathe it...they are barbeque. At **Fozzie's Smokin' BBQ**, every dish is made utilizing their own unique flavor. What started with a food truck and a dream in 2012, today serves you the best barbeque in town.

123 3rd St. | 218-683-5163 | [fozziesbbq.com](http://fozziesbbq.com) | [Visit Facebook](#)



# Gear Up & GET FIT!

Row it, ride it, or swing at it...just have fun being active! Indoors or out, find your fitness choice and look the part with great gear too! Whether you decide to golf the greens or hit the gym, either way you can't lose-it's always an adventure here.



## PEDAL to the metal?

Maybe more like pedal to the pavement? Biking is a safe way to tour the city, and **Bike Thief River Falls** is a great place to get started. They are a chapter of the Bicycle Alliance of Minnesota and they work to make the area even more bike-friendly by encouraging active living and community connections. Call for meeting schedule.

**218-689-1502 (Glen Kajewski) | biketrf.org | Visit Facebook**

## Get your GEAR here!

Need something for your team? **Legends Sporting Goods** has a great selection of Prowler apparel, Norskies and other team apparel. Have a design idea of your own? They do custom screen printing and embroidery too. The perfect source for hockey, baseball/softball, football, figure skating, swimming, and soccer equipment. Rent, lease or buy figure and hockey skates.

**212 Atlantic Ave. | 218-681-1006**  
[legendscustomapparel.com](http://legendscustomapparel.com)



# Swing like a pro!

## FOSSTON GOLF CLUB

32132 Hilligoss Blvd. S. E., Fosston | 218-435-6535

## MINAKWA GOLF CLUB

901 Fisher Ave., Crookston | 218-281-1773

## OAK KNOLLS GOLF CLUB

702 Marshall Ave. S.E., Red Lake Falls  
218-253-4423

## OAK LAKE GOLF COURSE

23146 347th St. S.E., Erskine | 218-687-4653

## SANDHILL RIVER GOLF COURSE

44203 Hwy. 32 S.W., Fertile | 218-945-3535  
sandhillrivergolf.com

## THIEF RIVER GOLF CLUB

13697 188th St. N.E. | 218-681-2955  
thiefrivergolfclub.com

## VALLEY GOLF COURSE

2407 Riverroad N.W., East Grand Forks  
218-773-1207



## PAR-FECT place to celebrate!

Whether you are celebrating with the guys or celebrating tying the knot, **Thief River Golf Club** is the par-fect place. Offering a great golfing experience and a fantastic venue for events. Their full dining facility offers a scenic view while accommodating your large groups. It's THE place to plan your next outing or special occasion!

13697 188th St. N.E. | 218-681-2955  
thiefrivergolfclub.com



## Adventure Seekers Wanted!

Refresh and de-stress! Nothing is more relaxing than paddling away in the water. **Wild Side Kayak Tours** makes it easy by planning and guiding you on your water adventure...all you need to do is show up. It's a great outing for groups, teams, or families to do a little bonding while enjoying a beautiful day. Don't have a kayak? No problem, they rent those too.

1571 Hwy. 59 S. E. | 218-686-9628 | Visit Facebook

# Internationally known, but, locally grown...

Thief River Falls may give off a small town feel, but it is actually known all over the world. That international fame came about because of two companies that planted roots right here and chose to stay and grow with us and our community. Today, you may not only meet the locals on the streets but global travelers visiting for both work and pleasure.



## Digi-Key

Headquartered in Thief River Falls, **DIGI-KEY** is one of the fastest growing distributors of electronic components in the world. Founded in 1972, Digi-Key was a pioneer in the mail-order catalog business and a key resource for design engineers. Today Digi-Key offers the world's largest selection of electronic components in stock and available for immediate shipment. From prototype to production, they are here to fuel innovation all over the world.



## Arctic Cat

**ARCTIC CAT** was born in the North, raised on snow and gravel, and today they are still at home on the great plains of Minnesota.

Arctic Cat was formed by Edgar Hetteen in 1962 and transformed into a leading snowmobile, side-by-side and ATV manufacturer over decades of trail riding, racing, and bringing friends and families together. In 2017, a new era in Arctic Cat history began when they joined Textron Inc. Today, the bulk of their manufacturing still happens right here in Thief River Falls.

# Nature at its FINEST

The great outdoors are fabulous in this neck of the woods and there are so many opportunities to enjoy them...just take a look around you. If you're searching for that rare species with your binoculars or seeking a relaxing afternoon with a little history to boot, you'll find it here.

## A SCENIC river stroll...

The **River Walk** is a great way to enjoy nature and take in some history too. Follow the pathway to view 18 pictographs that showcase what the view along the river was like years ago. It travels through town along the Red Lake and Thief Rivers, passing by nine parks, three forest trails, and the dam. Along it you will also find historic sites like the Soo Line Railroad Depot and the statue of Chief Mekokonaye (Red Robe). Brochures and maps are available at Visit Thief River Falls and at area hotels.



## A BIRDSEYE view...

Attention bird lovers! Did you know that the Thief River Falls area is on the **Pine to Prairie Birding Trail**? It spans a 223-mile route from Fergus Falls to the shores of Lake of the Woods. With 51 separate sites and side trips along the way, bird watchers and lovers of wildlife will find this a virtual paradise!

Situated at the juncture of 3 major ecosystems—tall-grass prairie, boreal forests, and aspen parkland—this Northwestern Minnesota trail provides a unique collection of habitats which provide homes for a tremendous variety of birds. Agassiz National Wildlife Refuge, the largest wildlife refuge in the state of Minnesota, is an incredible birding treasure, located just a short drive from Thief River Falls. The Refuge is a haven for as many as 280 species of birds. Look for a complete birding checklist and Pine to Prairie brochure at Visit Thief River Falls.



# Area PARKS

City of Thief River Falls  
Public Works Department  
(218) 681-8506

	Acres	Shelter(s)	Playground Equipment	Electricity	Water	Restrooms	Picnic Tables	Parking	Swimming	Fishing Pier/Boat Dock	Horseshoe Pits	Volleyball	Tennis Court	Basketball Court	Softball/Baseball Park	Ice Skating Rink	Trail System	Disc Golf	Camping Sites	Kayak/Kayak Launch	
<b>PARK FACILITIES</b>																					
<b>ALAN-A-DALE PARK</b> Nightingale Rd.	4.96																				
<b>BOY SCOUT PARK</b> 3rd St./Markley Ave.	1.49						•	•		Boat Dock											•
<b>CENTENNIAL PARK</b> Centennial Dr./Hwy. 1 E.	7.10	•		•		•	•	•		Boat Dock	•	•									•
<b>ELKS PARK</b> 3rd St./Davis Ave.	1.74			•													•				•
<b>ENGELSTAD PARK</b> 1st St./Crocker Ave.	1.32			•	•	•		•					•	•		•					
<b>FINSBURY PARK</b> Robinhood Dr.	12.40							•													•
<b>FLORENTINE PARK</b> Annie St./Markley Ave.	4.13		•					•							•						
<b>FLOYD B. OLSON PARK</b> 3rd St./Knight Ave.	0.83	•	•	•	•		•	•													
<b>HARTZ PARK</b> Riverside Ave.	6.00	•	•	•	•		•	•				•					•				•
<b>LAFAVE PARK</b> Taft St./Crocker Ave.	4.13		•	•	•	•	•	•	•			•		•							•
<b>LIONS PARK</b> Nora St./Merriam Ave.	2.70	•	•	•	•	•	•	•			•								•		
<b>GREENWOOD TRAILS</b> Greenwood St.	48.50							•													•
<b>MILLYARD PARK</b> Pennington Ave.	3.80							•		Fishing Pier											•
<b>NORTHROP PARK</b> 9th St./LaBree Ave.	1.60	•	•			•	•	•								•					
<b>SOFTBALL/BASEBALL COMPLEX</b> Highway 1 East	37.19		•	•	•	•	•	•							•						
<b>OAKLAND PARK</b> Baken St.	16.12	•	•	•	•	•	•	•	•		•	•			•					•	•
<b>RED ROBE PARK</b> 8th St./Reserve Ave.	3.31	•	•	•		•	•	•		Fishing Pier										•	•
<b>TOURIST PARK</b> Oakland Pk. Rd./Hwy. 32 S.	6.00	•		•	•	•	•	•													•
<b>OTHER FACILITIES</b>																					
<b>RALPH ENGELSTAD ARENA</b> 525 Brooks Ave. N.				•	•	•			•							•					
<b>HUCK OLSON MEM. CIVIC CTR.</b> 501 Brooks Ave. N.				•	•	•			•							•					





## Cross-Country Skiing

Two cross-country ski trails can be found within the city limits. One follows along the Thief River and one trail is located in the Greenwood Trails Recreation Area. Both include wooded areas and small hills. Another option is Old Mill State Park, located 30 miles northwest of Thief River Falls. It offers six miles of groomed ski trails.



## Kayaking

With two rivers running through it, Thief River Falls is a hot spot for water activities. Kayaking is a popular way to see the city while enjoying a scenic view of the area and its natural habitat. To make life a little easier, several of our parks offer kayak launches. Kayak rental is available at Wild Side.



## Fishing

Hook, line, and sinker... river fishing is the best! You'll find excellent fishing opportunities year-round on our rivers. Reel in everything from Walleye and Northern Pike to Catfish, Small Mouth Bass, and Pan Fish. Whether you're trolling for the big catch or enjoy a relaxing afternoon fishing from a pier, our parks can accommodate you.



## Hunting

With over two million acres of public hunting land to choose from, the Thief River Falls area offers hunters choices of moose, bear, deer, ducks, ruffed and sharptail grouse, and woodcock. Agassiz National Wildlife Refuge and the Thief Lake Wildlife Management Area offer even more options for hunters.



## Ice Skating

Thief River Falls has two large indoor arenas: the Ralph Engelstad Arena and the Huck Olson Memorial Civic Center. Both offer recreational ice skating. The city also has two outdoor ice skating rinks in Northrup Park and Engelstad Park. Rentals available at Legends Sporting Goods.



## Disc Golf

Throw yourself into the game! A game of disc golf that is. Play a round at either Lion's or Oakland Park. Both are open to the public and free of charge. They are equipped with everything you need except the discs, so don't forget to bring your own.

# Making The MOVE

It doesn't matter if you're making the big move or just visiting...when you're here, we treat you like family. Thief River Falls provides you with a growing health care system that takes the time to listen, a local business community that's eager to have you become part of it, and the perfect environment to grow your family or your dreams. That leaves just one more thing to say...WELCOME!



## Walking you HOME...

Buying or selling a home is not something most people do frequently. At **Nordin Realty Inc.**, their team makes it easy. They're used to working with buyers and sellers, and they will take as much of the confusion and complication out of the search as they can to make your transition as smooth as possible.

201 Brooks Ave. N. | 218-681-7789 | [nordinrealtytrf.com](http://nordinrealtytrf.com)



## OFFICE on the go...

The number one supplier to Northwest Minnesota, **Quick Print** is "the" office place. They offer the area's best copying and printing services and a huge selection of office supplies. When you're ready to pack and ship your items, count on **Eazy Pack-N-Ship**. They have everything you need, and the packing peanuts and bubble wrap are free! Together these businesses satisfy the needs of visitors and locals alike!

**Quick Print**  
320 Knight Ave. N.  
218-683-5583

**Eazy Pack-N-Ship**  
303 3rd St. E.  
218-683-5347  
[eazypacknship.com](http://eazypacknship.com)



# COMMUNITY Promoters!

Relocating or starting a new business? Want to be more involved in the community? The **Thief River Falls Chamber of Commerce** is a great place to start... it's their business to help you succeed. They promote local businesses and are advocates for their members, plus they encourage community and visitor involvement by planning local events like RiverFest and Everybody's Market that attract and help to retain residents in Thief River Falls.

102 Main Ave. N. | 218-681-3720 | [trfchamber.com](http://trfchamber.com)



## Why put down roots in Thief River Falls?

The numbers never lie...at least that's what they say, and in this case, we've got some great ones. Check out how Thief River Falls stacks up among ten of its peer cities:

### Income & Cost of Living

- Cost-Burdened Households: Rank #1
- People Below Poverty: Rank #4
- Workers Earning \$40,000 + Per Year: Rank #3

### Education

- High School Graduation Rate: Rank #1
- Students in Enrichment Activities: Rank #1
- 8th Grade Math Proficiency: Rank #5

### Laborforce and Diversity

- Laborforce With Some College: Rank #9
- Laborforce Participation: Rank #2
- Laborforce Diversity: Rank #5

### Other Areas of Importance

- Median Rent: Rank #5
- Households With High Speed Broadband: Rank #1
- Monthly Cost of Childcare: Rank #6
- Public Safety: Rank #3

Go to [advancethiefriver.com/dashboard/](http://advancethiefriver.com/dashboard/) for more information.

# Making The MOVE con't...

Now that you're a little more comfortable with the community, get to know it even better! Our businesses offer great services to make your life easier, and if you're still looking for the perfect place to call home, our realtors will be glad to help you out.



## SCHOOL Support!

### The Thief River Falls Education Foundation

assists learning with educational grants of over \$200,000 annually to our schools and \$50,000 annually in post-secondary scholarships at LHS.

**230 LaBree Ave. S.**  
**218-681-8711**  
[trfeducationfoundation.com](http://trfeducationfoundation.com)



## Get CONNECTED!

**Sjoberg's Cable TV** provides television, high-speed internet, and telephone service to the area. They keep you connected and provide high-quality digital programming to suit your needs.

**315 Main Ave. N.**  
**218-681-3044**  
[trf.mncable.net](http://trf.mncable.net)



## KID-Friendly!

**Discovery Place Early Learning Center** is a non-profit child care center that provides professional-quality care and early education for children ages 6 weeks to 12 years.

**305 Nora St. E.**  
**218-681-5202**  
[Visit Facebook](#)



## With you THROUGH the UPS and DOWNS...

Since 1935 **Northern State Bank** has been ready and willing to meet whatever challenges have been or will be presented in the future. As both a neighbor and community partner to Thief River Falls and the surrounding area, Northern State Bank will continue to provide all the financial services their customers need and have come to expect. Visit our website, Facebook page, or one of our three Thief River Falls locations.

**Website:** [nsbtrf.com](http://nsbtrf.com)

**Main Bank:** 201 3rd St. E.  
218-681-4020

**Walk-in Teller Branch:** 214 3rd St. E.

**Hugos' Branch:** 215 Pennington Ave.  
218-683-7692

## Top Employers

Digi-Key Electronics .....	3,744
Arctic Cat .....	715
Sanford Health .....	689
Thief River Falls School District .....	475
Northern Pride, Inc. ....	185
Northland Community & Technical College .....	151
Hugo's .....	150
Walmart .....	140
Pennington County .....	140
City of Thief River Falls .....	126

## Important Numbers

Bergan Travel.....	218-681-4100
Car Rental .....	1-855-235-9322
Chamber of Commerce .....	218-681-3720
City Hall .....	218-681-2943
Community Bus – T.H.E.Bus .....	218-681-6760
(Handicapped Accessible).....	or 1-800-584-7020
Emergency .....	911
Explore Minnesota Tourism .....	1-800-657-3700
Fire Department .....	218-681-3943
Garden Valley Telephone & Cable (Serving Thief River Falls) .....	218-687-5251
Law Enforcement Center .....	218-681-6161
MN Energy Resources (Gas) .....	1-800-889-9508
Northland Taxi .....	218-681-6666
Ottertail Power Co. (Serving St. Hilaire) .....	281-3632
Pennington County Government Center .....	218-683-7000
Pennington County Justice Center .....	218-416-7097
Poison Control Center .....	1-800-222-1222
Public Works Department .....	218-681-8506
Qwest (Serving Thief River Falls) .....	1-800-244-1111
Ralph Engelstad Arena.....	218-681-2183
Red Lake Electric (Serving rural St. Hilaire, Goodridge) .....	253-2168
Sanford Clinic Thief River Falls .....	218-681-4747
	1-800-550-4109
Sanford Medical Center Thief River Falls.....	218-681-4240
Sjoberg's Cable (Serving Thief River Falls).....	681-3044
Thief River Falls Regional Airport .....	1-800-225-2525
Travel Information Center .....	218-681-3720
U.S. Postal Service .....	218-681-3053

Visit Thief River Falls.....	218-686-9785
Water/Sewer/Garbage	
> Goodridge .....	378-4689
> St. Hilaire .....	964-5257
> Thief River Falls.....	681-4145
Winter Road Information.....	511
> Statewide.....	1-800-542-0220
Woodies Towing & Transport .....	218-681-9940



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# Area CHURCHES

	Service Days/ Times	Other Weekly Activities/ Events	
<b>ABUNDANT LIFE FREE LUTHERAN CHURCH</b> • F-3 1602 Pennington Ave. S., Thief River Falls • 218-681-2300 abundantlifetrf.com	Sun 9:30 am	Sunday School: 10:45 am	•
<b>NEXUS CHURCH</b> 246 Kendall Ave. N., Thief River Falls • 218-681-4716 nexuschurchmn.com	Sun 10:30 am	Nursery, Preschool, Elementary programs during message Sun at 10:30 am; Wed Night: Extreme Kids 6-7:30, Youth Group 6-8	•
<b>OUR SAVIOUR'S LUTHERAN CHURCH-AFLC</b> • E-6 2075 Hwy. 59 S.E., Thief River Falls • 218-681-4643 oursavioursaflctrf.com	Sun 9:30 am	Women's Bible Study Tues 9 am & Men's Breakfast Bible Study Fri 6:45 am   Sept-May: Sun School 10:50 am; Kids Klub Wed 6:30 pm; Youth & Adult Bible Study: Wed 6:30 pm	•
<b>REDEEMER LUTHERAN CHURCH ELCA</b> • D-4 1300 E. Nora St., Thief River Falls • 218-681-3390 redeemertf.org	6:30 pm Wed 9:30 am Sun	BLAST (Sept-Feb) Wed 5:30-6 pm Confirmation (Sept-Feb) Wed 6:30 pm	•
<b>ST. BERNARD'S CHURCH</b> • C-3 105 Knight Ave. N., Thief River Falls • 218-681-3571 stbernardscc.org	Wed 5:15 pm; Tues & Thurs 8 am Fri 8:35 am; Sat 5 pm; Sun 8:30 & 10:30 am Sat 5 pm & Sun 9 am (Memorial-Labor Day)	Sunday School: 9:20 am Family Faith Night once a month	•
<b>ST. JOHN'S LUTHERAN CHURCH (LC-MS)</b> • C-5 101 Pine Ave. S., Thief River Falls • 218-681-4488 stjohntrf.com	Sun 10:45 am	Sunday School: 9:30 am Bible Study: Sun 9:30 am, Tues 6:30 am, & Fri 2 pm	•
<b>THIEF RIVER FALLS EVANGELICAL FREE CHURCH</b> • C-3 211 Arnold Ave. N., Thief River Falls • 218-681-3855 trfefc.org	Sun 10:30 am (June-August 9:30 am)	Sundays Sept-May: Life Groups & Sun School 9:15 am; AWANA Wed 6:30 pm; Youth Groups: Wed 7 pm	•
<b>TRINITY LUTHERAN CHURCH (ELCA)</b> • C-3 325 Horace Ave. N., Thief River Falls • 218-681-1310 trinitylutherantrf.org	8:30 & 10:30 am Sun Worship 9 am Sun Worship (Memorial Day-Labor day)	Sunday School 9:25-10:20 am Coffee/Fellowship Sun 9:30 am	•
<b>UNITED METHODIST CHURCH</b> • C-3 116 Horace Ave. N., Thief River Falls • 218-681-4388 umctrf.org	Sun 9 am	Chit Chat Thurs 10 am; Bible Reading Tues 10 am; Bible Study Tues 7 pm; Men's Group 1st & 3rd Thurs	•
<b>ZION LUTHERAN CHURCH (ELCA)</b> • C-3 505 Main Ave. N., Thief River Falls • 218-681-3296 ziontrf.org	Sun Worship 8:30 am	Sunday School 9:30 am (Sept-May)	•

## Go make a DIFFERENCE...

Through worship, education, and service, **St. Bernard's Catholic School** assists our students and families to grow in the love of Jesus Christ in a nurturing environment. We offer a faith-based quality education for students preschool through fifth grade.

**117 Knight Ave. N. | 218-681-1539**  
**stbernardscc.org**



# Love to LEARN...

**Independent School District 564** offers an inspiring place to learn and grow! We're here for all of our students and are committed to providing educational opportunities that meet their individual needs. Learning is a fun experience at all of our schools. Our district is made up of Challenger Elementary School, Franklin Middle School, Lincoln High School, and Northwest Area Learning Center.

**230 N. Labree Ave. | 218-681-8711**  
[trf.k12.mn.us](http://trf.k12.mn.us)



## Mind Over MATTER

Let's face it...when it comes to your mind, it really does matter! A great education is the key to getting those bright ideas to start lighting up. So...what are you waiting for? Go check out our learning opportunities.



## You've got GOALS...

At **Northland Community & Technical College**, we have options. Regardless if you're a current high school student, a recent high school grad, or a seasoned workforce professional looking to make a career change, Northland is for anyone who wants to discover an affordable education at an accredited, nationally ranked college where you can work toward earning a degree that can impact your life, family, and future.

**1101 Hwy. 1 E. | 1-800-959-6282 | [northlandcollege.edu](http://northlandcollege.edu)**



# Historically SPEAKING...

First developed as a lumber milling town, Thief River Falls also became a major agricultural area because of the rich soil left by ancient, glacial Lake Agassiz.

The unusual name, "Thief River," was given to the river by the Ojibwe and Dakota people. "Falls" was added to the name of the new city in 1896 because a series of rapids in the river had been converted to a waterfall by the construction of the dam. Until 1904, an Ojibwe village of 40 families was located where the Thief and Red Lake Rivers meet.

The Great Northern and the Soo Line Railroads brought prosperity when Thief River Falls became a center for shipping wheat. Today, the city continues its entrepreneurial spirit, preserving and respecting the past, yet growing and moving toward the future, especially in the manufacturing and distribution industries, both nationally and internationally.



The Jefferson Highway was the first transcontinental road to traverse the North American continent from north to south, and it was possibly the first dedicated international highway in the world!

Named for President Thomas Jefferson, who acquired the highway land when he negotiated the Louisiana Purchase, the old Highway passed through Thief River Falls just west of the current Digi-Key Electronics site on Barzen Avenue. Today look for designation signs on poles at 6th St., Barzen Ave. and 150th St. N.E.!

Stretching from Winnipeg, Canada, to New Orleans, the Highway only existed as a named highway for a short period of time until the new standardized numbering system was instigated in the 1920s. It was also occasionally referred to as the Palm to Pine Highway by motorcades traveling to and from the sunny South to the great Northwoods.

*Note: The above information was taken from a Thief River Falls Eagle Scout project created by Benjamin Beito. For more information visit [jeffersonhighway.org](http://jeffersonhighway.org).*

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## HEALTHY FUN For All Ages!

**Sanford Wellness Center** is a gym and playground all rolled into one. The 25,000 square foot facility provides 24/7 gym access and offers top-of-the-line cardio and strength equipment, group exercise classes, Kids fitZone with indoor playground and Gymnastic/Ninja Warrior space with trampoline and climbing wall! They welcome every age and fitness level. Day passes are available to the public along with memberships.

1720 Hwy. 59 S. | 218-683-4367 | [Visit Facebook](#)